At the end of your rotation, you should take some time to consider how the experience went overall. After you reflect and meet with your mentor(s), submit your answers to these questions on Sakai.

**Student Reflection**

*Before meeting with your mentor(s), reflect on your rotation using these questions:*

* How has your rotation project gone?
* What has your experience in the lab been like?
* How did working with your PI go? What went well, and what may need some improvement if you were to join the lab?
* How did working with your Bench Mentor go (if applicable)? What went well, and what may need some improvement if you were to join the lab?

**Feedback Meeting**

*Plan to meet with your PI and your Bench Mentor (together or separately) before the end of the rotation. You should lead the meeting and discuss these topics.*

1. Summarize your progress in the lab, including data you’ve generated and also techniques you’ve learned and ways in which you’ve become more independent
2. Outline your recommendations for the project moving forward (even if you would not be the one working on it)
3. Invite feedback from your PI/Bench Mentor on your performance on these skills
   1. Participation in lab activities (lab meetings, journal clubs, interactions with lab members)
   2. Effort on rotation project
   3. Intellectual involvement in rotation
   4. Communication with you during rotation
   5. Sufficient background knowledge in this field
   6. Ability to analyze data
   7. Oral presentation skills
4. What grade are they planning to give you for this rotation?

**Summary of PI/Bench Mentor Meetings**

*Reflect on the conversation(s) you had using these questions:*

* What strengths did they identify?
* What improvements did they recommend?
* How did the meeting(s) go overall? Was there good communication?
* During this rotation, how clear were you about your PI/Bench Mentor’s expectations for you and how you were evaluated? (Very clear, clear, unclear, or very unclear)
* Using your own reflection and the conversations with the PI/Bench Mentor, which of these best describes your thoughts on joining this lab?
* I would be excited to join the lab!
* I’m not sure yet if I’d want to join the lab (what additional information would be helpful to making a decision?)
* I definitely would not want to join this lab
* What type of student (qualities, interests, etc.) do you think would be most successful in this lab?
* What are this PI’s strongest mentoring skills?
* In what ways could this PI improve their mentoring?
* Based on your experience in this lab so far, what additional insights have you gained into the type of mentorship and lab environment you’re looking for?